

# Kinematic constraints to the key inflationary observables

Mark B. Hoffman

*Department of Physics, University of Chicago, Chicago, Illinois 60637-1433*

Michael S. Turner

*Department of Physics, University of Chicago, Chicago, Illinois 60637-1433,*

*Department of Astronomy and Astrophysics, Enrico Fermi Institute, University of Chicago, Chicago, Illinois 60637-1433,*

*and NASA/Fermilab Astrophysics Center, Fermi National Accelerator Laboratory, Batavia, Illinois 60510-0500*

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The observables  $T/S$  and  $n-1$  are key to testing and understanding inflation. ( $T$ ,  $S$ , and  $n-1$  respectively quantify the gravity-wave and density-perturbation contributions to CMB anisotropy and the deviation of the density perturbations from the scale-invariant form.) Absent a standard model, there is no definite prediction for, or relation between,  $T/S$  and  $n-1$ . By reformulating the equations for slow-roll inflation, we show that in the  $T/S-(n-1)$  plane there are excluded regions, regions in which the density perturbations are not well approximated by a power law, and regions in which models with a “featureless” potential must lie.

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## INTRODUCTION

Cosmic microwave background (CMB) anisotropy measurements have begun to test inflation, the leading paradigm to extend the standard big-bang cosmology. Within a decade they should test it decisively and even probe the underlying physics [1–3]. Recent results from the BOOMERanG and MAXIMA CMB experiments [4,5] (as well as results from earlier experiments [6]) are consistent with the flat universe predicted by inflation and are beginning to address its second basic prediction: almost scale-invariant adiabatic, Gaussian density perturbations produced by quantum fluctuations during inflation [7]. The third prediction, a nearly scale-invariant spectrum of gravity waves, will be more difficult to confirm, but is a critical probe of inflation [8].

The key inflationary observables are the level of anisotropy arising from density (scalar) perturbations (quantified by the contribution to the CMB quadrupole anisotropy,  $S$ ), the level of anisotropy arising from gravity-wave (tensor) perturbations ( $T$ ), and the power-law index  $n$  that characterizes the density perturbations (scale invariance refers to equal amplitude fluctuations in the gravitational potential on all length scales and corresponds to  $n=1$ ). If  $T$ ,  $S$  and  $n-1$  can be measured, then the scalar-field potential that drove inflation can be partially reconstructed [9]. The most promising means of measuring  $T$  is its unique signature in the polarization of CMB anisotropy [10] (however, direct detection by a future space-based experiment should not be dismissed).

While there is no standard model of inflation, most models can be cast in terms of the classical evolution of a single, new scalar field  $\phi$  (dubbed the inflaton) [11]. Predictions for  $S$ ,  $T$  and  $n-1$  can be expressed in terms of the scalar-field potential  $V(\phi)$  and its first two derivatives. While there is a model-independent relation between  $T/S$  and the power-law index  $n_T$  that characterizes the gravity-wave spectrum,  $T/S = -5n_T$  [12,13], no such relation for  $n$  and  $T/S$  exists [14].

This is unfortunate because  $n_T$  is very difficult to measure, while  $n$  will be measured to a precision of better than 1% by the Microwave Anisotropy Probe (MAP) and Planck

experiments (BOOMERanG and MAXIMA have already determined that  $n \approx 1.01^{+0.09}_{-0.07}$  [15]). Even an approximate or generic relation between  $(n-1)$  and  $T/S$  would be valuable, both as a test of inflation and as a guide for the expected level of gravity waves when  $n$  is measured.

The formation of large-scale structure and CMB measurements already indicate that a significant part of CMB anisotropy arises from scalar perturbations, i.e.  $T/S$  cannot be  $\gg 1$ . On the other hand, nothing precludes  $T/S \ll 1$ , and if  $T/S$  is much less than  $10^{-3}$ , the prospects for measuring  $T$  are poor [10]. One inflation theorist has opined that  $T/S \ll 1$  for all reasonable models [16].

The goal of this work is to provide objective theoretical guidance. By casting the equations governing inflation in a form that is essentially independent of the inflaton potential (“flow equations” for  $T/S$  and  $n-1$ ), we show that the  $T/S-(n-1)$  plane is not uniformly populated by models of inflation: For  $n < 1$ , models that are consistent with the equations governing inflation generally lie near the lines  $T/S \approx 0$  and  $T/S \approx -5(n-1)$ , and there is an excluded region between these two lines. For  $n > 1$ , models lie either at  $T/S \approx 0$  or  $T/S \approx 0.5$ . Other values for  $T/S$  and  $n-1$  are possible, but at the expense of a spectrum of density perturbations that is poorly represented by a power law. (The CMB will be able to test how well a power law describes the density perturbations.)

## FLOW EQUATIONS

The kinematic equations that govern inflation are well known [17,18]

$$\ddot{\phi} + 3H\dot{\phi} + V'(\phi) = 0 \quad (1)$$

$$H^2 \equiv \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3m_{\text{pl}}^2} \left[ V(\phi) + \frac{1}{2}\dot{\phi}^2 \right] \quad (2)$$

where  $a(t)$  is the cosmic scale factor, prime denotes  $d/d\phi$ , and overdot denotes  $d/dt$ . During inflation  $\phi$  rolls slowly and the  $\ddot{\phi}$  term in its equation of motion and its kinetic term in the Friedmann equation can be neglected [17,19], so that

$$\dot{\phi} \simeq \frac{-V'}{3H} \quad (3)$$

$$N(\phi) \equiv \int_{\phi}^{\phi_{\text{end}}} H dt \simeq -\frac{8\pi}{m_{\text{Pl}}^2} \int_{\phi}^{\phi_{\text{end}}} \frac{d\phi}{x(\phi)} \quad (4)$$

where  $x(\phi) \equiv V'(\phi)/V(\phi)$  measures the steepness of the potential and  $N(\phi)$ , the number of  $e$ -folds before the end of inflation, is the natural time variable. Inflation ends when the slow-roll conditions

$$m_{\text{Pl}} |V'/V| = m_{\text{Pl}} |x| < \sqrt{48\pi}, \quad (5)$$

$$m_{\text{Pl}}^2 |V''/V| = m_{\text{Pl}}^2 |x' + x^2| < 24\pi \quad (6)$$

are violated (at  $\phi = \phi_{\text{end}}$ ) [17,19].

The inflationary observables are related to the same quantities that govern the kinematics of inflation [13]

$$(n-1) = \frac{m_{\text{Pl}}^2}{8\pi} [2x' - x^2] \quad (7)$$

$$T/S = \frac{5m_{\text{Pl}}^2}{8\pi} x^2 \quad (8)$$

$$T = 0.6V/m_{\text{Pl}}^4. \quad (9)$$

These expressions are given to lowest order in  $x^2$  and  $x'$  (see Ref. [20] for higher-order corrections). Note,  $n-1$  is only equal to  $n_T = -5(T/S)$  if  $x' = 0$ .

By combining the slow-roll equations with those governing  $(n-1)$  and  $T/S$ , we can write equations that govern the inflationary observables (almost) without reference to a model,

$$\frac{d(T/S)}{dN} = (n-1) \frac{T}{S} + \frac{1}{5} \left( \frac{T}{S} \right)^2 \quad (10)$$

$$\begin{aligned} \frac{d(n-1)}{dN} = & -\frac{1}{5}(n-1) \frac{T}{S} - \frac{1}{25} \left( \frac{T}{S} \right)^2 \\ & \pm \frac{m_{\text{Pl}}^3}{16\pi^2} \sqrt{\frac{2\pi T}{5S}} x'' \end{aligned} \quad (11)$$

where the sign of the last term matches that of  $V'$ .

We call these “flow equations” as they describe the trajectory in the  $T/S - (n-1)$  plane during inflation. Because of the  $x''$  term they are not completely independent of the potential. To “close” the flow equations we will assume that the potential is smooth enough so that we can treat  $x''$  as being approximately constant. For sufficiently smooth and featureless potentials  $x''$  should also be small.

Finally, one might wonder what happened to the most stringent constraint on inflation: achieving density perturbations of amplitude  $10^{-5}$  or so ( $S \sim 10^{-10}$ ). The flow equations involve the quantities  $T/S$ ,  $(n-1)$  and  $dN/d\phi$  which are unaffected by a rescaling of the potential,  $V \rightarrow aV$ . This rescaling changes  $S$ :  $S \rightarrow aS$ . Thus, any potential can be rescaled to give proper size density perturbations without affecting the flow equations.

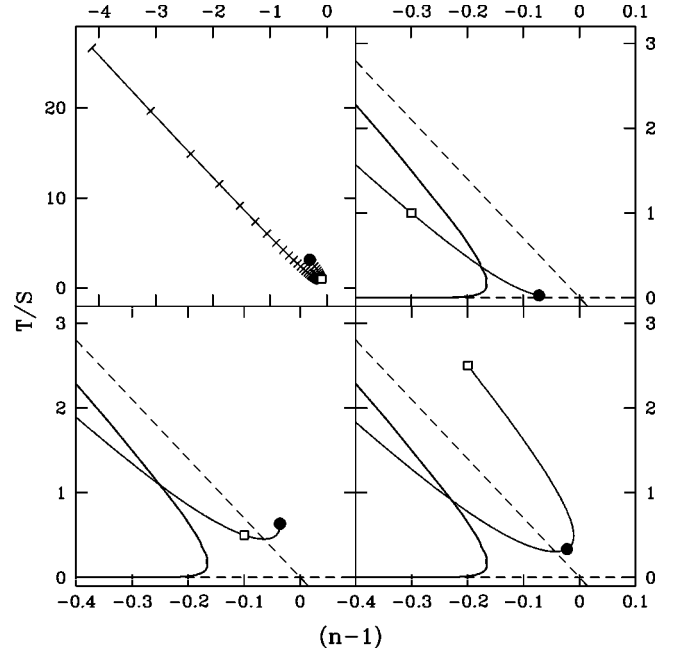


FIG. 1. Trajectories in the  $T/S - (n-1)$  plane. Squares indicate the initial choices for  $T/S$  and  $(n-1)$ ; circles indicate the values 50  $e$ -folds before the end of inflation. A trajectory ends when  $T/S$  and/or  $|n-1|$  become large; most of inflation occurs when  $T/S$  and  $|n-1|$  are small. The upper left panel shows a complete trajectory, with ticks indicating  $e$ -folds before the end of inflation (from the circle, 50, 49, ..., 1). The other three panels show trajectories in more detail. Note how  $T/S$  and  $(n-1)$  are pulled toward the lines  $T/S \approx -5(n-1)$  and  $T/S \approx 0$  (these “attractors” are shown as broken lines and the boundary of the excluded region is a solid curve).

### THE $T/S - (n-1)$ PLANE

The scales relevant for structure formation (1 Mpc to  $10^4$  Mpc) crossed outside the horizon roughly 50  $e$ -folds before the end of inflation (i.e., when  $N=50$ ) [17], and so it is  $T/S$  and  $(n-1)$  at this time that can be measured by CMB experiments. We find them by evolving  $T/S$  and  $(n-1)$  until inflation ends and counting back 50  $e$ -folds. To determine when inflation ends, we recast the slow-roll conditions (5),(6):

$$T/S < 30 \quad (12)$$

$$\left| (n-1) + \frac{3}{5} \frac{T}{S} \right| < 6; \quad (13)$$

the violation of either indicates the end of inflation.

To be very specific about our procedure, we choose a starting point for our calculation in the range,  $0 < T/S < 10$  and  $-0.5 < (n-1) < 0.5$ . Our results do not depend upon the range of these initial values. We then integrate with fixed  $x''$  until one of the slow-roll conditions is violated, signaling the end of inflation, and count back 50  $e$ -folds to find  $(T/S)_{50}$  and  $(n-1)_{50}$ . Some trajectories are shown in Fig. 1.

Figures 2 and 3 summarize the  $(T/S)_{50} - (n-1)_{50}$  phase space generated from the range of initial conditions considered. It is not uniformly populated. For  $x'' < \mathcal{O}(1)$ , solutions cluster around two “attractors,”  $(T/S)_{50} \approx 0$  and  $(T/S)_{50} \approx -5(n-1)_{50}$ , and for  $(n-1)_{50} < 0$ , there is an excluded re-

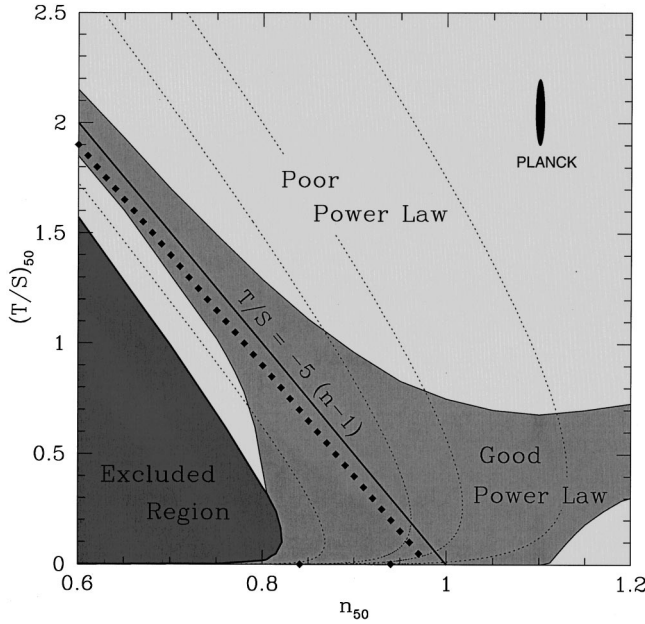


FIG. 2. Summary of our model search using the flow equations. The dotted curves correspond to  $x'' = 0, 1, 2, 5$  (from left to right). We found no models in the excluded region. The good power law region represents the models for which the density perturbation spectrum closely follows a power law. (Specifically,  $|dn/d \ln k| < 10^{-2}$ .) Diamonds indicate various known inflationary models: chaotic,  $V(\phi) = \lambda \phi^n$  for  $n = 2, 3, \dots$  (diamonds on the diagonal); new inflation ( $n = 0.94$ ) and natural inflation (with  $n = 0.84$ ). The ellipse is the  $2\sigma$  error ellipse “forecasted” for the Planck satellite [21].

gion between these two lines, which cannot be reached for any value of  $x''$ , i.e. there are *no* models in this excluded region. Noting that  $dn/d \ln k = -dn/dN$  and using Eq. (11), we can calculate the running of the scalar index. We define a good-power-law region, for which  $|dn/d \ln k| < 10^{-2}$ ; models outside of this region will have a poor power law, a prediction that can be tested by CMB measurements. The results shown in Figs. 2 and 3 do not depend strongly on the value of  $N$  chosen for our calculation. For values of  $N$  taken between 40 and 60, the borders of the regions shift slightly but not significantly.

Taking  $x'' = 0$  it is simple to show why there are no models in the excluded region of the  $T/S - (n-1)$  plane. In this limit, the flow equations are:  $s \equiv (n-1) + \frac{1}{5}(T/S) = \text{const}$  and  $r \propto \exp(sN)$ , where  $r = T/S$ . Unless  $r$  and/or  $s$  are small, corresponding to the attractor solutions,  $r$  grows very rapidly and inflation does not last 50  $e$ -folds.

Models outside of our good-power-law region are possible, but they come at the expense of a density-perturbation spectrum that is not well represented by a power law. Moreover, they are characterized by large  $x''$ , which typically signals that the potential has a feature, e.g. a “bump” or a “kink.” We note that it is possible to have large  $x''$  but still have a good power law if  $T/S \ll 1$ . This explains the results of a recent paper [22] in which models with  $n$  as large as 2 were constructed. In particular, for the model with  $n = 2$ ,  $x'' \approx 2000$ ,  $T/S \approx 3 \times 10^{-3}$  and  $dn/d \ln k \approx 0.3$ .

So far, we have only considered one-field inflation. There

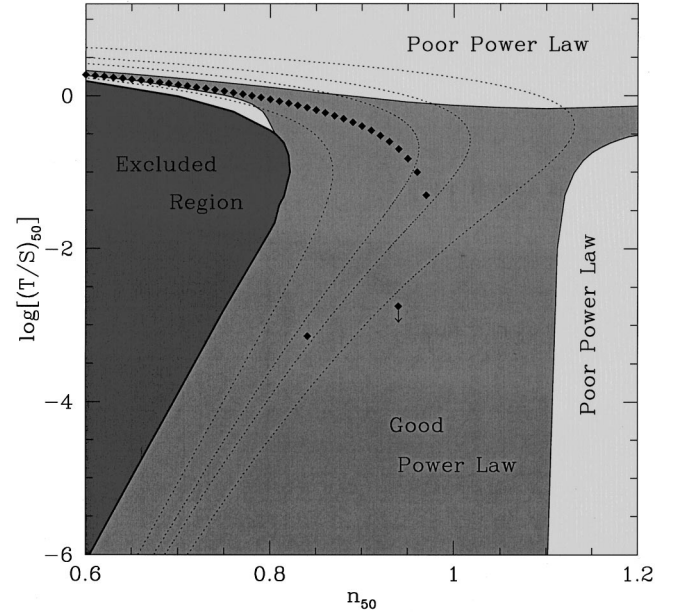


FIG. 3. Same as Fig. 2, with a logarithmic scale for  $T/S$ .

are also models with more than one field, either implicitly or explicitly [23]. However, in essentially all models discussed in the literature only one field plays an “active” role during inflation [11]. The other field(s) are used to halt inflation and make a graceful exit to a radiation-dominated cosmology (e.g., by classical evolution in hybrid inflation or a phase

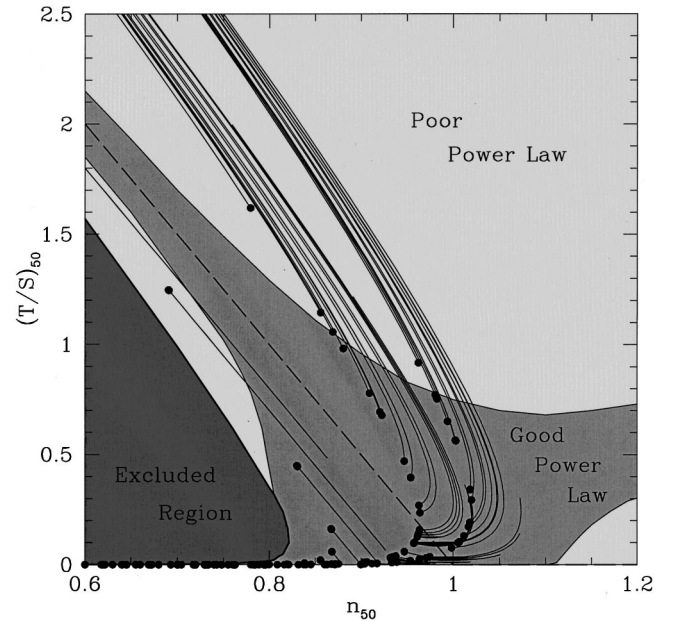


FIG. 4. Summary of two-field models. The filled circles represent the values of  $(T/S)_{50}$  and  $n_{50}$  for the corresponding one-field models, and the attached curves are the values obtained for inflation ending early due to an auxiliary field. The dashed lines represent fixed points in the  $(T/S) - (n-1)$  plane that result from models that do not end without an auxiliary field. In general, two-field models populate the same region as one-field models and extend the  $T/S \approx 0$  part of the good-power-law region to  $n > 1$ .

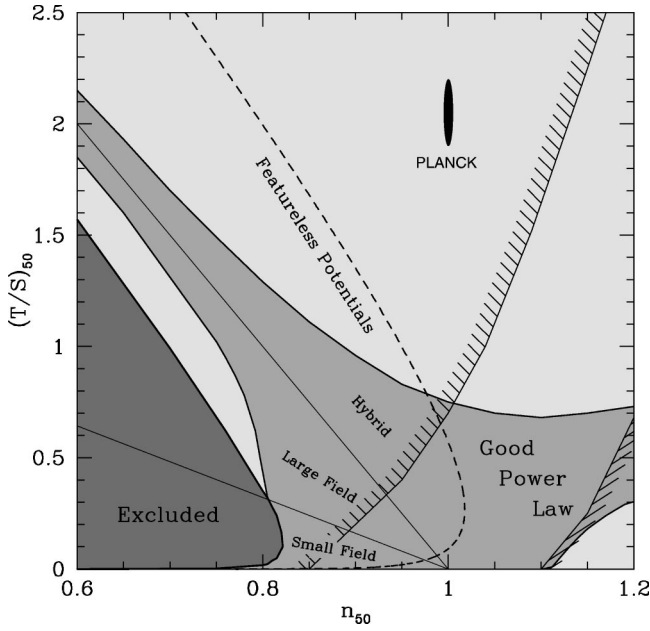


FIG. 5. Features of the  $T/S - n$  plane. There is an excluded region in the lower left corner of the plane in which there are no models. Inflationary models that result in a scalar perturbation spectrum that is well represented by a power law are found in the good-power-law region. We have defined the borders of this region as  $|dn/d \ln k| < 10^{-2}$ . The area to the left of the dashed line contains models that result from featureless potentials, i.e. potentials with small  $x''$  (specifically  $x'' < 2$ ). We have also shown the division of the  $T/S - n$  plane into “small field,” “large field,” and “hybrid” theoretical models advocated in Ref. [24] along with the 99% confidence level constraints from recent CMB data [24]. The allowed region is within the hatched lines. The Planck ellipse is the same as in Fig. 2.

transition in extended inflation). The most well known of these is power-law inflation,  $V(\phi) \propto \exp(-\beta\phi/m_{\text{Pl}})$ , a model in which inflation would not end in the absence of the action of another field. Our flow equations can also be applied to such multi-field models.

Models that require another field to end inflation show up when the right-hand sides of Eqs. (10),(11) vanish prior to violating the slow-roll conditions. In this case, there are fixed points in the  $T/S - (n-1)$  plane, which are the most likely values for  $T/S$  and  $(n-1)$  50  $e$ -folds prior to when the second field ends inflation. These points, shown in Fig. 4, populate the regions  $T/S \approx 0$  for  $n > 1$  and the line  $T/S = -5(n-1)$  for  $n < 1$ .

It is also possible that a self-ending model has an auxiliary field that ends inflation “early.” We treat this possibility by populating the  $(T/S)_{50} - (n-1)_{50}$  plane with the values of  $T/S$  and  $(n-1)$  at  $N > 50$  for all one-field models. We find that the two-field models behave similarly to the one-field models. The only significant difference is that two-field models extend the  $(T/S)_{50} \approx 0$  part of the good-power-law region to  $(n-1)_{50} > 0$  (see Fig. 4).

Finally, what about our taking  $x'' \approx \text{const}$ ? It can affect the relationship between the initial and final values of  $n-1$  and  $T/S$  if  $x''$  is large, since  $x''$  need not be constant (as is the

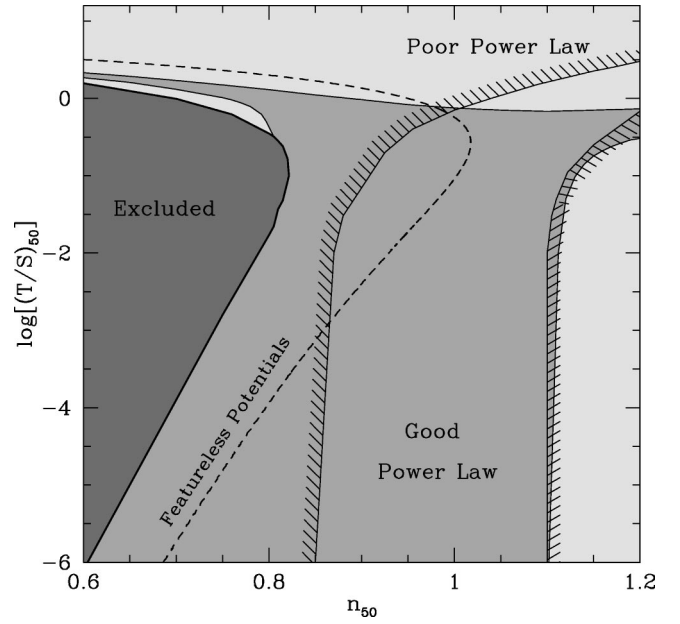


FIG. 6. Same as Fig. 5, with a logarithmic scale for  $T/S$ .

case in some known models). Since we have covered a wide range of initial values we would expect that this fact would only slightly modify the  $(n-1)_{50} - (T/S)_{50}$  phase space; indeed, we have also formulated the flow equations assuming  $V''' / V = \text{const}$  and obtain similar results.

## DISCUSSION

Prior to this work there was one guiding relation for the inflationary observables:  $T/S = -5n_T$ . It has the virtue of exactitude and can test the consistency of the scalar-field inflationary framework, but it involves the power-law index of the gravity-wave perturbations, the most difficult observable to measure. By reformulating the equations governing inflation, we have found generic relations between  $T/S$  and  $(n-1)$  which are summarized in Figs. 5 and 6 and below:

- (i) For  $n < 1$  the good-power-law region in the  $T/S - (n-1)$  plane has  $T/S \approx -5(n-1)$  or 0.
- (ii) For  $n > 1.1$  the good-power-law region in the  $T/S - (n-1)$  plane has  $0.25 < T/S < 0.7$  (one-field models) or 0 (two-field models).
- (iii) For  $0.85 < n < 1$  and  $|x''| < 2$  (featureless potentials),  $T/S > 10^{-3}$ .
- (iv) For  $n < 0.82$  there is a large excluded region in the  $T/S - (n-1)$  plane in which absolutely *no* models are found.
- (v) There is a correlation between the values of  $dn/d \ln k$ ,  $T/S$ , and  $n$ .

Our results provide some guidance to CMB experimenters looking for tensor perturbations [cf. (ii) and (iii)] and additional consistency tests for inflation [cf. (iv) and (v)].

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